

REGISTERED COMPANY NUMBER: 07438326 (England and Wales)
REGISTERED CHARITY NUMBER: 1140492

Report of the Trustees and

Financial Statements

for the Year Ended 31 March 2025

for

Burton & District Mind

Bourne & Co
Statutory Auditors
6 Lichfield Street
Burton-on-Trent
Staffordshire
DE14 3RD

Burton & District Mind

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for the Year Ended 31 March 2025**

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**Report of the Trustees
for the Year Ended 31 March 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Burton & District Mind have a positive local reputation, and are known to provide high quality services and projects, we have highly trained and dedicated staff who underpin our service delivery and an experienced board of trustees with wide ranging skills and knowledge.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our strategy 2020/24 and the trustee board has remained true to the vision of the association, and this is further reflected in the strategy document. A new strategy was developed in the period covering 2025/27 to cover consecutive years. The board awareness of social investment continues to be high on the agenda. There is planned increased activity in the Tamworth area once the new Safe Haven Crisis Cafe service relocates from its temporary accommodation to a permanent location in central Tamworth. The new venue will further support the planned geographical reach of our charity across the previous strategy. Additionally, the opportunity to develop services due to the national Mental Health Transformation directives supported service growth over the initial strategy period with focus on maintaining this investment across new contractual periods.

**Report of the Trustees
for the Year Ended 31 March 2025**

OBJECTIVES AND ACTIVITIES

Significant activities

Successful tenders have provided growth of our staff team. All bid and tenders are subject to full-cost recovery protocols to ensure they are fully funded. Contracts of work provided within this period have allowed Burton & District Mind to increase geographical reach and choice for our community. Achievements set within the Strategy have been met with the securing of contracts and providing stability and planned development for our organisation. Midlands Partnership Foundation Trust (MPFT) made the decision to close the partner service led by Alzheimer's Outreach in Oct 2024 of which we were sub-contracted which impacted on annual budgets for the year. Furthermore, MPFT did not reprocure the Safe Hands following a major redesign of community accessible mental health crisis services, impacting funding in financial year 25/26. Following procurement legislation changes both Future Focus and Safe Haven will be directly purchased for a further 3+1+1 years from 1st April 2025.

We have several ongoing NHS contracts through Midland Partnership Foundation Trust (MPFT) including:

- Staffordshire Wellbeing Talking Therapies
 - Providing counselling for mental health counselling appointments through phone, video and face to face sessions across our area of benefit.
- Future Focus - previously part of Mental Health Transformation
 - Working with 4 third sector partners to provide Future Focus Recovery Workers, Team Leader and Deputy Team Leader. Future Focus covers Burton, Uttoxeter, Lichfield, Burntwood and Tamworth and provides additional community support to clients within secondary care mental health services, to help reduce barriers that can cause prolonged mental ill health and social isolation.
- Safe Haven Crisis Café
 - A safe space in Tamworth providing support for those in mental health crisis or emotional distress, reducing presentations at A & E and GP surgeries. Supported by a team of Recovery Workers, Team Leader, Deputy Team Leader, volunteers and peer helpers.

Additional services provided within the period :-

- EAP Thinkwell to Staffordshire County Council
 - Providing one to one counselling sessions both through County Council Employment employee self-referral and manager referral.
- School funding Young Peoples Counselling
 - Providing counselling sessions to sixth form students 16-18 at a local college.

OBJECTIVES AND ACTIVITIES

Our Grants and fundraising projects include low-cost counselling sessions, Music Minds, Mind-makeover sessions, Ecotherapy, Forest bathing, Walk and talk football, Bat and Chat Cricket, Library Listening Space and virtual peer support group and others in the local communities.

We also provide fast tracked self-funded private counselling sessions funded by the client.

**Report of the Trustees
for the Year Ended 31 March 2025**

OBJECTIVES AND ACTIVITIES

Public benefit

On-going fundraising activities have continued beyond the Mind grant that sponsored its development. Future Focus, partnering with organisations allowed for delivery of services across South Staffordshire in 4 additional locations. Future Focus strengthened the links and resources with our partner organisations and provided further development opportunities within the localities. Burton and District Mind has achieved greater reach through our improved social media activities supported by a part-time worker and volunteers.

Being part of this sector enables us to deliver services that are influenced by the needs of our beneficiaries in the most innovative and cost-effective way. Burton & District Mind aim to work closely with statutory services and other third sector organisations to bridge gaps in provision and shape the needs of our local beneficiaries.

Volunteers

Increased activity to recruit, train and deploy volunteers has created additional resource for induction and training of new volunteers and new community activities. Developments such as Library Listening Spaces, Peer Support facilitators, Safe Haven volunteers and peer buddies, Future Focus buddies for appointments, fundraising support, and service-related communications.

Increased support within funded projects has provided extra resource for participants within wider community-based venues. Co-production and involvement has been increased through volunteer MH Ambassadors, participation and influence to better reflect needs analysis supporting future planning of services and need.

**Report of the Trustees
for the Year Ended 31 March 2025**

STRATEGIC REPORT

Achievements and performance

This period saw Burton & District Mind achieve significant milestones that solidify our operational stability and service provision.

A major success was securing a long-term leased property to serve as a permanent base for our Safe Haven project in Tamworth. This development was immediately complemented by securing directly commissioned three year contracts for both the Safe Haven and Future Focus projects.

Crucially, the Safe Haven contract was structured to align with the property's lease period, which significantly mitigates financial risk over the initial three-year term and includes the potential for subsequent one-year extensions (1+1 option).

Despite some shifts in commissioner-led decisions, we successfully maintained a strong, collaborative relationship with MPFT, retaining our position as a preferred provider.

We continued to invest in improving our communications and maintaining a sharp focus on expanding our geographical reach remains a strategic priority moving forward.

Financial Report

Burton & District Mind continued to successfully maintain its income at £1.4m, despite the early end to the Alzheimer's contract in Oct 2024 and the end of the longstanding Trent and Dove contract in June 2024. There was a noticeable 46% drop in Donations and Legacies in the year equating to £42k, where a challenging environment has been seen. Counteracting this drop in Donations, Charitable Activities saw an increase of 35k including funding received to complete the fit out of the new permanent venue for the Safe Haven Crisis Cafe in Tamworth.

For 2024-25, 95.5% of the income related to our Charitable Activities, just 3.5% of income related to Donations and Legacies with 1% of income relating to Other Activities, including a venture into Workplace Health.

The main sources of income were from several Midlands Foundation Trust contracts, totalling £1.2m including Safe Hands and Safe Haven, Future Focus and Talking Therapies Counselling. In addition to this there was £40k from the Alzheimer's Outreach contract, £36k from Lichfield District Council and £4k from Burntwood Town Council for the Community Development Project, £9k from Trent and Dove and £1.5k from Staffordshire County Council Thinkwell contract. There was also £22k in Other Grants, £8k in other counselling and £6k in Workplace Health.

There have been the following changes in total income in recent years.

Total income for 2024-25 was £1,421,472, a small decrease of £1,905.

Total income for 2023-24 was £1,423,377, an increase of £413,688.

Total income for 2022-23 was £1,009,689, an increase of £593,313.

Total income for 2021-22 was £416,376, an increase of £91,252.

Total income for 2020-21 was £325,124, an increase of £91,598.

Total income for 2019-20 was £233,526.

**Report of the Trustees
for the Year Ended 31 March 2025**

Coupled with the additional income for the Crisis Cafe was the corresponding expenditure for the fit out, legal fees and the lease of the property but the main increase to the cost base related to an increase of £108k in staffing costs with 10 new starters in the year. These included additional heads to support the Safe and Future Focus contracts as well as an additional Outreach Worker for the Alzheimer's contract and a Project Support Worker for the Burntwood and Lichfield area. We also invested in our core team in the areas of Finance and Communications and later in the year Fundraising and Customer Relationship Management. The total headcount averaged at 40 heads across the year, an increase from 35 heads in the prior year.

There has been the following changes in total expenditure in recent years.

Total expenditure for 2024-25 was £1,325,063, an increase of £197,799.

Total expenditure for 2023-24 was £1,127,264, an increase of £427,142.

Total expenditure for 2022-23 was £700,122, an increase of £260,294.

Total expenditure for 2021-22 was £439,828, an increase of £167,774.

Total expenditure for 2020-21 was £272,054, an increase of £56,046.

Total expenditure for 2019-20 was £216,008.

Our Reserves Fund has been maintained at £68k, which covers our winding up costs should they be required. This is reviewed every 6 months to ensure it reflects the current structure/risk.

We have continued to maintain the small mortgage for our registered office, "Birkett House". We continue to ensure that all other costs are managed to ensure value for money.

There has been an increase in the Tangible Fixed Assets of £20k in relation to capitalised costs for the new driveway.

Bourne & Co, Statutory Auditors, 6 Lichfield Street, Burton-on-Trent complete our annual audit in line with the Charity Commission's Audit Requirements and to ensure the accounts are completed in line with the requirements of the Charities Statement of Recommended Practice and (FRS 102 accounting standards).

The Board of Trustees have and will continue to ensure that projects are in line with our Strategic Plan.

Financial and risk management objectives and policies

The national wage increase has increased our employment costs this year as we have managed to maintain an increment above this for all base rates of pay. There has also been a noticeable reduction in charitable donations which may be as a direct result of the on-going cost of living crisis. It has been identified that some funders will no longer fund core staff as part of the terms of their grants and we will look to source additional funds for this year over the next financial year.

Burton & District Mind anticipate the next Mind Quality Mark (MQM) round in 2025/26 - MQM this rigorous assessment and auditing process takes place every three years and covers all aspects of charity governance and operations. Recent Mind improvements to the MQM should serve to further improve our board and organisational processes beyond its completion next year. We will continue to review and further improve our organisations attitude to risk management, it's monitoring, and our policies and procedures to ensure we are operating with the most up to date knowledge of law and legislation to achieve optimum quality and governance.

Burton & District Mind will pursue the completion of Cyber Essentials accreditation and maintain the Data Protection and Security toolkit and ICO registered.

**Report of the Trustees
for the Year Ended 31 March 2025**

STRATEGIC REPORT

Future plans

During the period our contracts of work have continued to develop to meet increasing community demands and to further support VCSE work with the NHS. Although there have been changes in direction and NHS priorities Burton & District Mind remain a preferred provider to the NHS. We expect some reduction across the NHS funding landscape following the end of the Mental Health Transformation period, we will look wider to identify appropriate funders to maintain our sustainability. From 2025/26 there will be further government changes around employment law, and we anticipate how this will affect Burton & District Mind as employers. On-going recruitment difficulties and the potential risk of loss of key staff continues to be identified risk to our organisation. Future work will be completed by the board along with the senior management team to continue to strengthen and maintain our infrastructure to mitigate some identified risks. Further development will form a vital part of our onward work for 2025/27 strategy.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

As summarised in our governing documents the purposes of Burton & District Mind are.

- To promote the preservation of mental health.
- To assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment.
- To work in association with Mind in accordance with their aims and their objectives

Burton & District Mind are the regions primary mental health charity. In line with our Strategy the trustees have remained true to our purposes and vision.

The trustees of Burton and District Mind take ultimate responsibility for compliance. The trustee board delegates operational management to the Chief Officer and Senior Management Team.

**Report of the Trustees
for the Year Ended 31 March 2025**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Trustees are recruited based on the annual Trustee Skills audit report and Risk Assessment report which are completed by the trustee board. These activities inform the board on emerging needs of the charity and skills gap within the trustee board. Board recruitment is addressed in several ways from advertising on our website, advertising with Indeed, Support Staffordshire our local VCSE support service, promoting trustee opportunities at health events the charity attends and within our networks and partnerships. The charity has a trustee recruitment process and application process which must be completed successfully prior to an applicant becoming a charity trustee.

The board complete a full volunteer induction including training to better understand the role and responsibilities and are invited to attend the national Festival of Trusteeship annually. Additional annual training may be added on an ad hoc basis if law and legislation require further advice and guidance.

The trustee board follow an annual timetable of governance processes to ensure that structure, governance and legal status of the charity remains focused and strategic.

Annually the trustee board oversee annual staff remuneration through a formal trustee steering group. The steering group review the charities activities and contracts of work and compare equivalent charitable posts and salaries. The Trustee Steering group will propose staff annual increases to the full trustee board for the purposes of voting.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07438326 (England and Wales)

Registered Charity number

1140492

Registered office

67 Branston Road

Burton on Trent

Staffordshire

DE14 3BY

Trustees

Ms S Adey-Rankin Retired

D J Bassett Engagement Officer

K J Builth Retired

Ms C S Gethin Chief Executive

Ms C D Robinson Retired

Ms K St Clair Retired

Ms D Worley Chartered Management Accountant (resigned 6.11.24)

Ms S Jay (resigned 21.7.24)

**Report of the Trustees
for the Year Ended 31 March 2025**

REFERENCE AND ADMINISTRATIVE DETAILS

Auditors

Bourne & Co
Statutory Auditors
6 Lichfield Street
Burton-on-Trent
Staffordshire
DE14 3RD

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Burton & District Mind for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Bourne & Co, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Burton & District Mind (Registered number: 07438326)

**Report of the Trustees
for the Year Ended 31 March 2025**

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on13.11.25..... and signed on the board's behalf by:

.....

KJ Builth - Trustee

**Report of the Independent Auditors to the Members of
Burton & District Mind**

Opinion

We have audited the financial statements of Burton & District Mind (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

**Report of the Independent Auditors to the Members of
Burton & District Mind**

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Report of the Independent Auditors to the Members of
Burton & District Mind**

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Discussions and correspondence with management, including known or suspected instances of non-compliance with laws and regulations and fraud
- Reviewing nominal ledger transactions with particular emphasis on journal entries posted by management
- Being alert throughout our work for anything considered unusual by virtue of size or nature.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

David O'G

David Meadows F.C.A. (Senior Statutory Auditor)
for and on behalf of Bourne & Co
Statutory Auditors
6 Lichfield Street
Burton-on-Trent
Staffordshire
DE14 3RD

Date: 20th November 2025

Burton & District Mind

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2025

	Notes	Unrestricted funds	Restricted fund	31.3.25 Total funds	31.3.24 Total funds
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	48,056	1,000	49,056	91,086
Charitable activities	5				
Charitable activities		260,731	1,097,312	1,358,043	1,322,904
Other trading activities	3	9,623	-	9,623	5,265
Investment income	4	4,750	-	4,750	4,122
Total		<u>323,160</u>	<u>1,098,312</u>	<u>1,421,472</u>	<u>1,423,377</u>
EXPENDITURE ON					
Charitable activities	6				
Charitable activities		<u>379,559</u>	<u>945,504</u>	<u>1,325,063</u>	<u>1,127,264</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	20	(56,399)	152,808	96,409	296,113
		<u>416,844</u>	<u>(416,844)</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>360,445</u>	<u>(264,036)</u>	<u>96,409</u>	<u>296,113</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		355,430	420,788	776,218	480,105
TOTAL FUNDS CARRIED FORWARD		<u>715,875</u>	<u>156,752</u>	<u>872,627</u>	<u>776,218</u>

The notes form part of these financial statements

**Balance Sheet
31 March 2025**

	Notes	Unrestricted funds £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
FIXED ASSETS					
Tangible assets	13	63,518	81,665	145,183	125,312
CURRENT ASSETS					
Debtors	14	24,945	108,891	133,836	68,467
Cash at bank and in hand		641,540	80,644	722,184	710,718
		666,485	189,535	856,020	779,185
CREDITORS					
Amounts falling due within one year	15	(14,128)	(44,040)	(58,168)	(54,592)
NET CURRENT ASSETS		652,357	145,495	797,852	724,593
TOTAL ASSETS LESS CURRENT LIABILITIES		715,875	227,160	943,035	849,905
CREDITORS					
Amounts falling due after more than one year	16	-	(70,408)	(70,408)	(73,687)
NET ASSETS		715,875	156,752	872,627	776,218
FUNDS	20				
Unrestricted funds				715,875	355,430
Restricted funds				156,752	420,788
TOTAL FUNDS				872,627	776,218

The financial statements were approved by the Board of Trustees and authorised for issue on
.....13/11/25..... and were signed on its behalf by:


.....
KJ Builth

KJ Builth - Trustee

The notes form part of these financial statements

Burton & District Mind

Cash Flow Statement for the Year Ended 31 March 2025

	Notes	31.3.25	31.3.24
		£	£
Cash flows from operating activities			
Cash generated from operations	1	35,894	229,169
Finance costs paid		(5,961)	(5,064)
Net cash provided by operating activities		29,933	224,105
Cash flows from investing activities			
Purchase of tangible fixed assets		(20,150)	(125,418)
Interest received		4,750	4,122
Net cash used in investing activities		(15,400)	(121,296)
Cash flows from financing activities			
New loans in year		-	79,000
Loan repayments in year		(9,028)	(7,522)
Loan interest in year		5,961	5,064
Net cash (used in)/provided by financing activities		(3,067)	76,542
Change in cash and cash equivalents in the reporting period			
Cash and cash equivalents at the beginning of the reporting period		11,466	179,351
Cash and cash equivalents at the end of the reporting period		710,718	531,367
Cash and cash equivalents at the end of the reporting period		722,184	710,718

The notes form part of these financial statements

Burton & District Mind

Notes to the Cash Flow Statement
for the Year Ended 31 March 2025

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.25	31.3.24
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	96,409	296,113
Adjustments for:		
Depreciation charges	279	106
Interest received	(4,750)	(4,122)
Finance costs	5,961	5,064
(Increase)/decrease in debtors	(65,369)	634
Increase/(decrease) in creditors	3,364	(68,626)
Net cash provided by operations	<u>35,894</u>	<u>229,169</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24	Cash flow	At 31.3.25
	£	£	£
Net cash			
Cash at bank and in hand	<u>710,718</u>	<u>11,466</u>	<u>722,184</u>
	<u>710,718</u>	<u>11,466</u>	<u>722,184</u>
Debt			
Debts falling due within 1 year	(2,855)	(212)	(3,067)
Debts falling due after 1 year	(73,687)	3,279	(70,408)
	<u>(76,542)</u>	<u>3,067</u>	<u>(73,475)</u>
Total	<u>634,176</u>	<u>14,533</u>	<u>648,709</u>

The notes form part of these financial statements

Burton & District Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Burton & District Mind is a Charitable Company incorporated in England & Wales and limited by Guarantee. In the event of being wound up, the liability in respect of guarantees is limited to £1 per member of the charity. The registered office is given in the Trustees Report on pages 1 and 2 of these financial statements. The nature of the charity's operations and principal activities are also included within the Trustees Report.

The financial statements are presented in sterling which is the functional currency of the charity.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Where income is paid in advance by the customer and that income covers a period of time straddling the year end, the income is apportioned so that it is allocated to the financial year in which the services are delivered.

Income is accrued for where the activities have been performed but not invoiced at the year end.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

The company acquires some assets that are the purpose of a specific project (charitable activity) for which funding is obtained. These assets are not capitalised but are instead treated as expenditure such that they are offset against the income to which they relate.

Any assets not acquired for the purpose of a specific project are capitalised.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the depreciated replacement cost of each asset to its expected residual value evenly over its expected useful life as follows:

- Freehold buildings	- over 50 years
- Fixtures and fittings	- 15% reducing balance

Burton & District Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

No depreciation charge has been charged on the building as the residual value is considered to be at least equal to cost.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Hire purchase and leasing commitments

Rentals payable under operating leases are charged to profit or loss on a straight line basis over the lease term, unless the rental payments are structured to increase in line with expected general inflation, in which case the company recognises annual rent expense equal to amounts owed to the lessor.

Hire of equipment is charged directly to profit or loss, as incurred.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

The liability and expense is allocated to specific projects and activities and between restricted and unrestricted funds on a time spent basis.

Debtors and creditors

Debtors and Creditors are measured at transaction price, less any impairment.

Burton & District Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

	31.3.25	31.3.24
	£	£
2. DONATIONS AND LEGACIES		
Donations	36,192	91,086
Gift aid	34	-
Legacies	12,830	-
	<hr/>	<hr/>
	49,056	91,086
	<u>49,056</u>	<u>91,086</u>
3. OTHER TRADING ACTIVITIES		
Other	9,623	5,265
	<hr/>	<hr/>
4. INVESTMENT INCOME		
Deposit account interest	4,750	4,122
	<hr/>	<hr/>
5. INCOME FROM CHARITABLE ACTIVITIES		
	Activity	31.3.25
Grants	Charitable activities	£ 21,606
Contract income	Charitable activities	1,336,437
		<hr/>
		1,358,043
		<hr/>
		31.3.24
		£ 71,720
		1,251,184
		<hr/>
		1,322,904
		<hr/>

Grants of £21,606 (2024: £71,720) comprise £15,000 from Mercer Farming to fund Ecotherapy programmes (2024: £15,000), £2,394 repaying part of a grant received last year from the English Sports Council to run the Bat & Chat Cricket project (2024: £7,860), £4,000 from National Mind relating to a Buxton movers grant (2024: £nil) and £5,000 from Toyota Manufacturing UK charitable trust for Music Minds (2024: £nil).

In the previous year, grants of £1,000 from National Mind EFL Grant for the Walk & Talk Football programme, £10,097 in respect of a National Mind Organisational & Development Grant to employ a part time fundraiser, £24,390 from National Mind for the Mentor Mental Health Productivity Pilot, £375 in respect of a Tesco Community Grant for the Mindfulness sessions, £5,999 from National Mind as part of the Equity & Lived Experience Development Fund to run the LGBTQI+ Expression Forum, £5,000 from the Screwfix Foundation towards the refurbishment of the driveway to the office on Branston Road and £1,999 from South East Staffs as part of the Healthy Communities programme, running a series of Mind Makeover psychoeducation sessions, for which no corresponding grants have been received in the year ending 31 March 2025.

Burton & District Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	1,231,821	93,242	1,325,063

7. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Charitable activities	79,781	5,961	7,500	93,242

Support costs, included in the above, are as follows:

	31.3.25 Charitable activities £	31.3.24 Total activities £
Wages	61,474	57,422
Social security	6,475	5,916
Pensions	5,822	5,440
Other operating leases	-	513
Rates and water	143	134
Insurance	2,914	1,481
Light and heat	405	390
Telephone	532	864
Postage and stationery	1,036	638
Sundries	64	73
Professional fees	108	662
Subscriptions	529	94
Depreciation of tangible and heritage assets	279	106
Bank charges	-	1
Interest payable and similar charges	5,961	5,064
Auditors' remuneration	7,500	7,200
	93,242	85,998

Burton & District Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.25	31.3.24
	£	£
Depreciation - owned assets	279	106
Other operating leases	34,146	15,997

9. AUDITORS' REMUNERATION

Audit and accountancy fees charged to the profit and loss account during the year comprise £3,750 for audit fees and £3,750 for accountancy fees. (2024: £3,600 and £3,600 respectively).

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

Trustees' expenses paid for the year ended 31 March 2025 were £25 relating to a mileage claim (2024: nil).

11. STAFF COSTS

	31.3.25	31.3.24
	£	£
Wages and salaries	845,882	785,080
Social security costs	63,651	56,156
Other pension costs	59,442	21,618
	<hr/>	<hr/>
	968,975	862,854
	<hr/>	<hr/>

The average monthly number of employees during the year was as follows:

	31.3.25	31.3.24
Senior Management	4	4
Counsellors	8	8
Project Workers/Support Roles	7	5
Recovery Workers	21	18
	<hr/>	<hr/>
	40	35
	<hr/>	<hr/>

No employees received emoluments in excess of £60,000.

Burton & District Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	81,236	9,850	91,086
Charitable activities			
Charitable activities	210,460	1,112,444	1,322,904
Other trading activities	5,265	-	5,265
Investment income	4,122	-	4,122
Total	301,083	1,122,294	1,423,377
EXPENDITURE ON			
Charitable activities			
Charitable activities	306,131	821,133	1,127,264
NET INCOME/(EXPENDITURE)	(5,048)	301,161	296,113
Transfers between funds	114,544	(114,544)	-
Net movement in funds	109,496	186,617	296,113
RECONCILIATION OF FUNDS			
Total funds brought forward	245,934	234,171	480,105
TOTAL FUNDS CARRIED FORWARD	355,430	420,788	776,218

Burton & District Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

13. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Totals £
COST			
At 1 April 2024	123,444	1,974	125,418
Additions	20,150	-	20,150
At 31 March 2025	143,594	1,974	145,568
DEPRECIATION			
At 1 April 2024	-	106	106
Charge for year	-	279	279
At 31 March 2025	-	385	385
NET BOOK VALUE			
At 31 March 2025	143,594	1,589	145,183
At 31 March 2024	123,444	1,868	125,312

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Prepayments and accrued income	133,836	68,467

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Bank loans and overdrafts (see note 17)	3,067	2,855
Trade creditors	55,101	51,737
	58,168	54,592

Burton & District Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

16. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31.3.25	31.3.24
	£	£
Bank loans (see note 17)	70,408	73,687
	<u> </u>	<u> </u>

17. LOANS

An analysis of the maturity of loans is given below:

	31.3.25	31.3.24
	£	£
Amounts falling due within one year on demand:		
Bank loans	3,067	2,855
	<u> </u>	<u> </u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	3,067	2,855
	<u> </u>	<u> </u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	9,200	8,565
	<u> </u>	<u> </u>
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more 5 yr by instal	58,141	62,267

18. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.25	31.3.24
	£	£
Within one year	22,929	1,814
Between one and five years	79,441	5,442
	<u> </u>	<u> </u>
	102,370	7,256
	<u> </u>	<u> </u>

Burton & District Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

19. SECURED DEBTS

The following secured debts are included within creditors:

	31.3.25	31.3.24
	£	£
Bank loans	73,475	76,542
	<u> </u>	<u> </u>

The loan taken out to fund the acquisition of the freehold property is secured on the property itself.

20. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	Transfers between funds	At 31.3.25
	£	£	£	£
Unrestricted funds				
General fund	199,987	(43,517)	(38,320)	118,150
Designated	155,443	(12,882)	455,164	597,725
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	355,430	(56,399)	416,844	715,875
Restricted funds				
Restricted	420,788	152,808	(416,844)	156,752
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	776,218	96,409	-	872,627
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	161,909	(205,426)	(43,517)
Designated	161,251	(174,133)	(12,882)
	<u> </u>	<u> </u>	<u> </u>
	323,160	(379,559)	(56,399)
Restricted funds			
Restricted	1,098,312	(945,504)	152,808
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	1,421,472	(1,325,063)	96,409
	<u> </u>	<u> </u>	<u> </u>

Burton & District Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

20. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	116,106	(24,784)	108,665	199,987
Designated	129,828	19,736	5,879	155,443
	245,934	(5,048)	114,544	355,430
Restricted funds				
Restricted	234,171	301,161	(114,544)	420,788
TOTAL FUNDS	480,105	296,113	-	776,218

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	148,920	(173,704)	(24,784)
Designated	152,163	(132,427)	19,736
	301,083	(306,131)	(5,048)
Restricted funds			
Restricted	1,122,294	(821,133)	301,161
TOTAL FUNDS	1,423,377	(1,127,264)	296,113

Burton & District Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

20. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	116,106	(68,301)	70,345	118,150
Designated	129,828	6,854	461,043	597,725
	245,934	(61,447)	531,388	715,875
Restricted funds				
Restricted	234,171	453,969	(531,388)	156,752
TOTAL FUNDS	480,105	392,522	-	872,627

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	310,829	(379,130)	(68,301)
Designated	313,414	(306,560)	6,854
	624,243	(685,690)	(61,447)
Restricted funds			
Restricted	2,220,606	(1,766,637)	453,969
TOTAL FUNDS	2,844,849	(2,452,327)	392,522

Burton & District Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

21. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.