REGISTERED COMPANY NUMBER: 07438326 (England and Wales)
REGISTERED CHARITY NUMBER: 1140492

Report of the Trustees and

Financial Statements

for the Year Ended 31 March 2026

for

Burton & District Mind

Bourne & Co
Statutory Auditors
6 Lichfield Street
Burton-on-Trent
Staffordshire
DE14 3RD

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for the Year Ended 31 March 2026

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Report of the Trustees
for the Year Ended 31 March 2026

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Burton & District Mind have a positive local reputation, and are known to provide high quality services and projects, we have highly trained and dedicated staff who underpin our service delivery and an experienced board of trustees with wide ranging skills and knowledge.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our strategy 2025/27 and the trustee board have remained true to the vision of the association, and this is further reflected in the strategy document. A new strategy was developed in the period covering 2025/27 to cover consecutive years. The awareness of social investment remains high on the Board agenda. The planned increased activity in the Tamworth area continues with the opening of the designated Safe Haven Crisis Cafe service building located in central Tamworth. The venue will further support the planned geographical reach of our charity across the previous strategy and allow for a base to develop additional community-based activities. Furthermore ,the opportunity to develop services due to the changes to the Mind Federation agreement supports partnership working with other Mind associations to come together and produce larger bids of work in partnership.

Report of the Trustees
for the Year Ended 31 March 2026

OBJECTIVES AND ACTIVITIES

Significant activities

Successful tenders have maintained our staff team over the contract periods. All bids and tenders are subject to full-cost recovery protocols to ensure they are fully funded. Contracts of work provided within this period have allowed Burton & District Mind to maintain geographical reach and develop activities for our community. Achievements set within the Strategy have been met with the securing of contracts and providing planned development for our organisation. However, some contracts of work have suffered from funder priorities which impacted on annual budgets for the year. MPFT did not reprocure the Safe Hands contract following a major redesign of community accessible mental health crisis services, impacting funding in financial year 25/26. Following procurement legislation changes both Future Focus and Safe Haven have been directly purchased for a further 3+1+1 years from 1st April 2025 We have seen growth in private self-funded counselling sessions; we plan to invest further in this service in the following year.

We have several ongoing NHS contracts through Midland Partnership Foundation Trust (MPFT) including:

- Staffordshire Wellbeing Talking Therapies	- Providing counselling for mental health counselling appointments through phone, video and face to face sessions across our area of benefit.
- Future Focus	- Working with 3 third-sector partners to provide Future Focus Recovery Workers,Team Leader and Deputy Team Leader. Future Focus covers Burton, Uttoxeter, Lichfield, Burntwood and Tamworth and provides additional community support to clients within secondary care mental health services, to help reduce barriers that can cause prolonged mental ill health and social isolation.
- Safe Haven Crisis Café	- A safe space in Tamworth providing support for those in mental health crisis or emotional distress, reducing presentations at A & E and GP surgeries. Supported by a team of Recovery Workers, Team Leader, Deputy Team Leader, volunteers and peer helpers.

Additional services provided within the period -:

- EAP Thinkwell to Staffordshire County Council	- Providing one-to-one counselling sessions both through County Council Employment employee self-referral and manager referral. Re-procurement due in 2027.
- School funding Young Peoples Counselling	- Providing counselling sessions to sixth form students 16-18 at a local college.

OBJECTIVES AND ACTIVITIES

Our Grants and fundraising projects include low-cost counselling sessions, Mind-makeover sessions, Re Leaf (Ecotherapy), Walk and talk football, Bat and Chat Cricket, Library Listening Space, Banter and Bowls, Walking groups and a virtual peer support group and others in the local communities.

OBJECTIVES AND ACTIVITIES

Public benefit

Future Focus, partnering with organisations, allows for delivery of services across South Staffordshire in 4 additional locations. Future Focus strengthened the links and resources with our partner organisations and community spaces provided one-to-one services in all localities. Burton & District Mind has achieved greater reach through our improved social media activities, new website and supported by a part-time communications worker,

Burton & District Mind aim to work closely with statutory services and other third sector organisations to bridge gaps in provision and shape the needs of our local beneficiaries in the most innovative and cost-effective way.

Volunteers

During the reporting period, the charity transitioned from a broad volunteer recruitment model to the development of a specialised Volunteer Ambassador programme. This approach provides a more sustainable and reliable volunteer resource to support community activities,events, and service delivery. Additional volunteer capacity is accessed through Support Staffordshire's VCSE Volunteer Buddies Scheme, which provides trained volunteers to local organisations as required.

STRATEGIC REPORT

Achievements and performance

This period saw Burton & District Mind achieve significant milestones that solidify our operational stability and service provision.

A major success was securing a long-term leased property to serve as a permanent base for our Safe Haven project in Tamworth. This development was immediately complemented by securing directly commissioned three year contracts for both the Safe Haven and Future Focus projects.

Crucially, the Safe Haven contract was structured to align with the property lease period, which significantly mitigates financial risk over the initial three-year term and includes the potential for subsequent one-year extensions (1 + 1 option).

Despite some shifts in commissioner-led decisions, we successfully maintained a strong, collaborative relationship with MPFT, retaining our position as a preferred provider locally.

We continued to invest in improving our communications and maintaining a focus on expanding our geographical reach remains a strategic priority moving forward.

Financial Report

With two contracts having ended in March 2025 (Safe Hands & MPFT Anger Management Counselling), income for 25-26 reduced from £1.4m to £1.2m. There was a further noticeable drop of 40% in Donations and Legacies in the year equating to £19k, where the challenging environment continues to be seen..

The income split for 2025-26, is approximately 96% Charitable Activities, 3% Donations and Legacies & 1% Other Trading and Investment Income..

The main sources of income continue to be several long term contracts with Midlands Foundation Trust, totalling £941k including Safe Haven, Future Focus and Talking Therapies Counselling. In addition to this there was £22.5k from Lichfield District Council and £5k from Burntwood Town Council for the second year of the Community Development Project. This project has a step down model where funding decreases over the period of 3 years.

Regardless of the reduction in contract income, there was a substantial increase in Other Grants rising from £22k to £130k, enabling us to run many community projects across Burton, Tamworth, Lichfield & Burntwood. Projects have included Ecotherapy, Mind Makeover, Bat & Chat Cricket, Boxing & MMA. Smaller income streams included £6k in Young Persons Counselling.

There have been the following changes in total income in recent years.

Total income for 2025-26 was £1,151,155, a decrease of £270,317.
Total income for 2024-25 was £1,421,472, a small decrease of £1,905.
Total income for 2023-24 was £1,423,377, an increase of £413,688.
Total income for 2022-23 was £1,009,689, an increase of £593,313.
Total income for 2021-22 was £416,376, an increase of £91,252.
Total income for 2020-21 was £325,124, an increase of £91,598.
Total income for 2019-20 was £233,526.

Expenditure for the year reduced, in line with the drop in income. The main savings have been in salaries, with a reduced headcount. The total headcount averaged at 34 heads across the year, a reduction of 6 heads, with the main impact being the exit of 7 recovery workers at the end of the Safe Hands contract.

There has been the following changes in total expenditure in recent years.

Total expenditure for 2025-26 was £1,127,487 a decrease of £197,576.
Total expenditure for 2024-25 was £1,325,063, an increase of £197,799.
Total expenditure for 2023-24 was £1,127,264, an increase of £427,142.
Total expenditure for 2022-23 was £700,122, an increase of £260,294.
Total expenditure for 2021 -22 was £439,828, an increase of £167,774.
Total expenditure for 2020-21 was £272,054, an increase of £56,046.
Total expenditure for 2019-20 was £216,008.

Although income reduced significantly, expenditure was reduced sufficiently to report a modest surplus of £23,668, increasing total funds from £872,627 to £896,295.

Our Reserves Fund has been increased to £83k, to cover our estimated winding up costs for the period of 3 months, should they be required. This is reviewed regularly by the board to ensure it reflects the current structure/risk.

We have continued to maintain the small mortgage for our registered office, "Birkett House". We continue to ensure that all other costs are managed to ensure value for money.

There were no additions to the Tangible Fixed Assets during the year.

Bourne & Co, Statutory Auditors, 6 Lichfield Street, Burton-on-Trent complete our annual audit in line with the Charity Commission's Audit Requirements and to ensure the accounts are completed within the Charities SORP (FRS 102) accounting standards.

The Board of Trustees have and will continue to ensure that projects are in line with our Strategic Plan.

STRATEGIC REPORT

Financial and risk management objectives and policies

We took the decision to become a Real Living Wage employer and while this adds additional employment costs, it also opens other funding streams who will only take applications from Real Living Wage employers. Becoming a Real Living Wage employer will also support retention of our team, reducing recruitment and retraining costs to the organisation. There has also been a noticeable reduction in charitable donations which may be a direct result of the on-going cost -of -living crisis. It has been identified that some funders will no longer fund core staff as part of the terms of their grants and we continue to challenge this move, we will look to source additional funds for this year over the next financial year.

Burton & District Mind anticipate the next Mind Quality Mark (MQM) round in 2027 following a restructuring at Mind nationally and a review of the current MQM model - MQM this rigorous assessment and auditing process takes place every three years and covers all aspects of charity governance and operations. Recent Mind improvements to the MQM should serve to further improve our board and organisational processes beyond its completion next year. We will continue to review and further improve our organisations attitude to risk management, it's monitoring, and our policies and procedures to ensure we are operating with the most up to date knowledge of law and legislation to achieve optimum quality and governance.

Burton & District Mind will pursue the completion of Cyber Essentials accreditation and maintain the Data Protection and Security toolkit and ICO registered.

Future plans

During the period our projects and work contracts have continued to develop to meet increasing community demands and to further support VCSE work with the NHS. Although there have been changes in direction and NHS priorities, Burton & District Mind remain a preferred provider to the NHS. We anticipated some reduction across the NHS funding landscape following the end of the Mental Health Transformation period. However, through continued positive relationships and quality services we will continue to position Burton & District Mind as a preferred provider while continuing to look wider to identify appropriate funders to maintain our sustainability in the future.

From 2026/27 there will be further government changes around employment law, and we anticipate how this will affect Burton & District Mind as employers. Ongoing recruitment difficulties and the potential risk of loss of key staff continue to be an identified risk to our organisation. Future work will be completed by the board along with the senior management team to continue to strengthen and maintain our infrastructure to mitigate some identified risks. Further development will form a vital part of our commitment to future services and strategy from 2027.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Report of the Trustees
for the Year Ended 31 March 2026

As summarised in our governing documents the purposes of Burton & District Mind are.

- To promote the preservation of mental health.
- To assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment.
- To work in association with Mind in accordance with their aims and their objectives.

Burton & District Mind are the regions primary mental health charity. In line with our Strategy the trustees have remained true to our purposes and vision.

The trustees of Burton and District Mind take ultimate responsibility for compliance. The trustee board delegates operational management to the Chief Officer and Senior Management Team.

Recruitment and appointment of new trustees
Trustees are recruited based on the annual Trustee Skills audit report and Risk Assessment report which are completed by the trustee board. These activities inform the board on emerging needs of the charity and skills gap within the trustee board. Board recruitment is addressed in several ways from advertising on our website, advertising with Indeed, Support Staffordshire, our local VCSE support service, promoting trustee opportunities at health events the charity attends and within our networks and partnerships. The charity has a trustee recruitment process and application process which must be completed successfully prior to an applicant becoming a charity trustee.

The board complete a full volunteer induction including training to better understand the role and responsibilities and are invited to attend the national Festival of Trusteeship annually. Additional annual training may be added on an ad hoc basis if law and legislation require further advice and guidance.

The trustee board follow an annual timetable of governance processes to ensure that structure, governance and legal status of the charity remains focused and strategic.

Annually the trustee board oversee annual staff remuneration through a formal trustee steering group. The steering group reviews the charities activities and contracts of work and compares equivalent charitable posts and salaries. The Trustee Steering group will propose staff annual increases to the full trustee board for the purposes of voting.

REFERENCE AND ADMINISTRATIVE DETAILS
Registered Company number
07438326 (England and Wales)

Registered Charity number
1140492

Registered office
67 Branston Road
Burton on Trent
Staffordshire
DE14 3BY

Report of the Trustees
for the Year Ended 31 March 2026

Trustees
Ms S Adey-Rankin Retired
D J Bassett Engagement Officer
K J Builth Retired
Ms C S Gethin Chief Executive
Ms C D Robinson Retired
Ms K St Clair Retired
Ms L J Wright (appointed 13.11.25)
C E Pettitt (appointed 24.4.26)

Auditors
Bourne & Co
Statutory Auditors
6 Lichfield Street
Burton-on-Trent
Staffordshire
DE14 3RD

STATEMENT OF TRUSTEES' RESPONSIBILITIES
The trustees (who are also the directors of Burton & District Mind for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued
In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS
The auditors, Bourne & Co, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 6 November 2026 and signed on the board's behalf by:

K J Builth - Trustee

Opinion

We have audited the financial statements of Burton & District Mind (the 'charitable company') for the year ended 31 March 2026 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2026 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006
In our opinion, based on the work undertaken in the course of the audit:
- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception
In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:
- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees
As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Discussions and correspondence with management, including known or suspected instances of non-compliance with laws and regulations and fraud
- Reviewing nominal ledger transactions with particular emphasis on journal entries posted by management
- Being alert throughout our work for anything considered unusual by virtue of size or nature.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

David Meadows F.C.A. (Senior Statutory Auditor)
for and on behalf of Bourne & Co
Statutory Auditors
6 Lichfield Street
Burton-on-Trent
Staffordshire
DE14 3RD

Date: .....

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2026

	Notes	Unrestricted funds £	Restricted fund £	31.3.26 Total funds £	31.3.25 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	20,197	9,394	29,591	49,056
Charitable activities	5				
Charitable activities		282,954	821,562	1,104,516	1,358,043
Other trading activities	3	12,933	-	12,933	9,623
Investment income	4	4,116	-	4,116	4,750
Total		320,200	830,956	1,151,156	1,421,472
EXPENDITURE ON					
Charitable activities	6				
Charitable activities		380,769	746,719	1,127,488	1,325,063
NET INCOME/(EXPENDITURE)		(60,569)	84,237	23,668	96,409
Transfers between funds	19	123,771	(123,771)	-	-
Net movement in funds		63,202	(39,534)	23,668	96,409
RECONCILIATION OF FUNDS					
Total funds brought forward		715,875	156,752	872,627	776,218
TOTAL FUNDS CARRIED FORWARD		779,077	117,218	896,295	872,627

The notes form part of these financial statements

Balance Sheet
31 March 2026

	Notes	Unrestricted funds £	Restricted fund £	31.3.26 Total funds £	31.3.25 Total funds £
FIXED ASSETS					
Tangible assets	13	63,280	81,665	144,945	145,183
CURRENT ASSETS					
Debtors	14	22,618	70,290	92,908	133,836
Cash at bank and in hand		703,395	65,517	768,912	722,184
		726,013	135,807	861,820	856,020
CREDITORS					
Amounts falling due within one year	15	(10,216)	(33,418)	(43,634)	(58,168)
NET CURRENT ASSETS		715,797	102,389	818,186	797,852
TOTAL ASSETS LESS CURRENT LIABILITIES		779,077	184,054	963,131	943,035
CREDITORS					
Amounts falling due after more than one year		-	(66,836)	(66,836)	(70,408)
NET ASSETS		779,077	117,218	896,295	872,627
FUNDS	19				
Unrestricted funds				779,077	715,875
Restricted funds				117,218	156,752
TOTAL FUNDS				896,295	872,627

The financial statements were approved by the Board of Trustees and authorised for issue on 6 November 2026 and were signed on its behalf by:

K J Builth - Trustee

The notes form part of these financial statements

Cash Flow Statement
for the Year Ended 31 March 2026

	Notes	31.3.26 £	31.3.25 £
Cash flows from operating activities			
Cash generated from operations	1	51,640	35,894
Finance costs paid		(5,709)	(5,961)
Net cash provided by operating activities		45,931	29,933
Cash flows from investing activities			
Purchase of tangible fixed assets		-	(20,150)
Interest received		4,116	4,750
Net cash provided by/(used in) investing activities		4,116	(15,400)
Cash flows from financing activities			
Loan repayments in year		(9,028)	(9,028)
Loan interest in year		5,709	5,961
Net cash used in financing activities		(3,319)	(3,067)
Change in cash and cash equivalents in the reporting period		46,728	11,466
Cash and cash equivalents at the beginning of the reporting period		722,184	710,718
Cash and cash equivalents at the end of the reporting period		768,912	722,184

The notes form part of these financial statements

Notes to the Cash Flow Statement
for the Year Ended 31 March 2026

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.26 £	31.3.25 £
Net income for the reporting period (as per the Statement of Financial Activities)	23,668	96,409
Adjustments for:		
Depreciation charges	238	279
Interest received	(4,116)	(4,750)
Finance costs	5,709	5,961
Decrease/(increase) in debtors	40,928	(65,369)
(Decrease)/increase in creditors	(14,787)	3,364
Net cash provided by operations	51,640	35,894

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.25 £	Cash flow £	At 31.3.26 £
Net cash			
Cash at bank and in hand	722,184	46,728	768,912
	722,184	46,728	768,912
Debt			
Debts falling due within 1 year	(3,067)	(252)	(3,319)
Debts falling due after 1 year	(70,408)	3,572	(66,836)
	(73,475)	3,320	(70,155)
Total	648,709	50,048	698,757

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Burton & District Mind is a Charitable Company incorporated in England & Wales and limited by Guarantee. In the event of being wound up, the liability in respect of guarantees is limited to £1 per member of the charity. The registered office is given in the Trustees Report on pages 1 and 2 of these financial statements. The nature of the charity's operations and principal activities are also included within the Trustees Report.

The financial statements are presented in sterling which is the functional currency of the charity.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Where income is paid in advance by the customer and that income covers a period of time straddling the year end, the income is apportioned so that it is allocated to the financial year in which the services are delivered.

Income is accrued for where the activities have been performed but not invoiced at the year end.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

The company acquires some assets that are the purpose of a specific project (charitable activity) for which funding is obtained. These assets are not capitalised but are instead treated as expenditure such that they are offset against the income to which they relate.

Any assets not acquired for the purpose of a specific project are capitalised.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the depreciated replacement cost of each asset to its expected residual value evenly over its expected useful life as follows:

- Freehold buildings	- over 50 years
- Fixtures and fittings	- 15% reducing balance

continued...

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

No depreciation charge has been charged on the building as the residual value is considered to be at least equal to cost.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Hire purchase and leasing commitments
Rentals payable under operating leases are charged to profit or loss on a straight line basis over the lease term, unless the rental payments are structured to increase in line with expected general inflation, in which case the company recognises annual rent expense equal to amounts owed to the lessor.

Hire of equipment is charged directly to profit or loss, as incurred.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

The liability and expense is allocated to specific projects and activities and between restricted and unrestricted funds on a time spent basis.

Debtors and creditors
Debtors and Creditors are measured at transaction price, less any impairment.

continued...

2. DONATIONS AND LEGACIES

	31.3.26	31.3.25
	£	£
Donations	26,426	36,192
Gift aid	165	34
Legacies	3,000	12,830
	29,591	49,056

3. OTHER TRADING ACTIVITIES

	31.3.26	31.3.25
	£	£
Other	12,933	9,623

4. INVESTMENT INCOME

	31.3.26	31.3.25
	£	£
Deposit account interest	4,116	4,750

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.26	31.3.25
		£	£
Grants	Charitable activities	129,748	21,606
Contract income	Charitable activities	974,768	1,336,437
		1,104,516	1,358,043

Grants of £129,748 (2025: £21,606) comprise £15,000 from Mercer Farming to fund further Ecotherapy programmes (2025:£15,000), £9,999 from National Mind relating to an ASICs grant for Boxing & MMA delivered across Burntwood & Tamworth (2025: £nil) , £5,000 from Toyota Manufacturing UK charitable trust for funding for Bat & Chat Cricket in Burton (2025: £nil), £4,000 from the Noel Sweeney Foundation to fund Ecotherapy in Burntwood, £2,000 from a Coalfields regeneration grant for a walking project in Burntwood (2025: £nil), £50,000 from Postcode Lottery Funds (2025: £nil), £6,200 from Tamworth Borough Council relating to a Tamworth Asylum Dispersal Grant (2025: £nil), £1,000 from Staffordshire County Council in respect of a Healthwatch Grant (2025: £nil), £750 from Tamworth Council in respect of CFSS funding towards a Neurodiverse Theatre project in Tamworth (2025: £nil), £1,999 from Support Staffordshire towards a Mens Mind Makeover project in Tamworth (2025:£nil), £10,000 from Awards for all in respect of a National Lottery Grant for LGBTQIA+ Creative Spaces project across Burton, Lichfield and Tamworth (2025: £nil), £1,000 from Staffordshire Chambers of Commerce for a training grant for Advanced Mental Health and Effective Referrals (2025: £nil), £6,800 from National Mind for Thorpey's Bat & Chat Cricket delivered in Burton (2025: £nil), £1,000 from Together for Carers in respect of Carers Mind Makeover (2025: £nil), £2,500 from St James Place Charity Foundation Grant for Bat & Chat Cricket in Lichfield (2025: £nil), £11,500 for West Midlands Strategic Migration Partnership for the Therapeutic Support Grant Programme (2025: £nil), £1,000 from Trent & Dove for a Mind Makeover project in Burton (2025: £nil).

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5. INCOME FROM CHARITABLE ACTIVITIES - continued

In the previous year, a repayment of £2,394 was made in respect of a grant received from the English Sports Council in 2024 to run the Bat & Chat Cricket project. A grant of £4,000 was received from National Mind relating to a Buxton movers grant. A grant of £5,000 was received from Toyota Manufacturing UK charitable trust for Music Minds. No corresponding grants have been received in the year ending 31 March 2026.

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 7)	Totals
	£	£	£
Charitable activities	1,026,915	100,573	1,127,488

7. SUPPORT COSTS

	Management	Finance	Governance costs	Totals
	£	£	£	£
Charitable activities	87,448	5,709	7,416	100,573

Support costs, included in the above, are as follows:

	31.3.26 Charitable activities	31.3.25 Total activities
	£	£
Wages	65,853	61,474
Social security	8,677	6,475
Pensions	6,239	5,822
Other operating leases	363	-
Rates and water	263	143
Insurance	2,528	2,914
Light and heat	567	405
Telephone	564	532
Postage and stationery	488	1,036
Sundries	296	64
Professional fees	890	108
Subscriptions	482	529
Depreciation of tangible and heritage assets	238	279
Interest payable and similar charges	5,709	5,961
Auditors' remuneration	7,416	7,500
	100,573	93,242

continued...

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.26	31.3.25
	£	£
Depreciation - owned assets	238	279
Other operating leases	26,735	34,146

9. AUDITORS' REMUNERATION

Audit and accountancy fees charged to the profit and loss account during the year comprise £3,708 for audit fees and £3,708 for accountancy fees. (2025: £3,750 and £3,750 respectively).

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2026 nor for the year ended 31 March 2025.

Trustees' expenses

Trustees' expenses paid for the year ended 31 March 2026 were £nil (2025: £25).

11. STAFF COSTS

	31.3.26	31.3.25
	£	£
Wages and salaries	717,717	845,882
Social security costs	73,499	63,651
Other pension costs	56,840	59,442
	848,056	968,975

The average monthly number of employees during the year was as follows:

	31.3.26	31.3.25
Senior Management	4	4
Counsellors	8	8
Project Workers/Support Roles	8	7
Recovery Workers	14	21
	34	40

No employees received emoluments in excess of £60,000.

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12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	48,056	1,000	49,056
Charitable activities			
Charitable activities	260,731	1,097,312	1,358,043
Other trading activities	9,623	-	9,623
Investment income	4,750	-	4,750
Total	323,160	1,098,312	1,421,472
EXPENDITURE ON			
Charitable activities			
Charitable activities	379,559	945,504	1,325,063
NET INCOME/(EXPENDITURE)	(56,399)	152,808	96,409
Transfers between funds	416,844	(416,844)	-
Net movement in funds	360,445	(264,036)	96,409
RECONCILIATION OF FUNDS			
Total funds brought forward	355,430	420,788	776,218
TOTAL FUNDS CARRIED FORWARD	715,875	156,752	872,627

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13. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Totals £
COST			
At 1 April 2025 and 31 March 2026	143,594	1,974	145,568
DEPRECIATION			
At 1 April 2025	-	385	385
Charge for year	-	238	238
At 31 March 2026	-	623	623
NET BOOK VALUE			
At 31 March 2026	143,594	1,351	144,945
At 31 March 2025	143,594	1,589	145,183

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.26 £	31.3.25 £
Prepayments and accrued income	92,908	133,836

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.26 £	31.3.25 £
Bank loans and overdrafts (see note 16)	3,319	3,067
Trade creditors	40,315	55,101
	43,634	58,168

16. LOANS

An analysis of the maturity of loans is given below:

	31.3.26 £	31.3.25 £
Amounts falling due within one year on demand:		
Bank loans	3,319	3,067
Amounts falling between one and two years:		
Bank loans - 1-2 years	3,319	3,067
Amounts falling due between two and five years:		
Bank loans - 2-5 years	9,957	9,200

continued...

16. LOANS - continued

	31.3.26	31.3.25
	£	£
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more 5 yr by instal	53,560	58,141

17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.26	31.3.25
	£	£
Within one year	22,929	22,929
Between one and five years	56,513	79,441
	79,442	102,370

18. SECURED DEBTS

The following secured debts are included within creditors:

	31.3.26	31.3.25
	£	£
Bank loans	70,155	73,475

The loan taken out to fund the acquisition of the freehold property is secured on the property itself.

19. MOVEMENT IN FUNDS

	At 1.4.25	Net movement in funds	Transfers between funds	At 31.3.26
	£	£	£	£
Unrestricted funds				
General fund	130,980	(46,939)	2,298	86,339
Designated	584,895	(13,630)	121,473	692,738
	715,875	(60,569)	123,771	779,077
Restricted funds				
Restricted	156,752	84,237	(123,771)	117,218
TOTAL FUNDS	872,627	23,668	-	896,295

continued...

19. MOVEMENT IN FUNDS - continued

Net movement in funds included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	180,422	(227,361)	(46,939)
Designated	139,778	(153,408)	(13,630)
	320,200	(380,769)	(60,569)
Restricted funds			
Restricted	830,956	(746,719)	84,237
TOTAL FUNDS	1,151,156	(1,127,488)	23,668

Comparatives for movement in funds

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	199,987	(43,517)	(38,320)	118,150
Designated	155,443	(12,882)	455,164	597,725
	355,430	(56,399)	416,844	715,875
Restricted funds				
Restricted	420,788	152,808	(416,844)	156,752
TOTAL FUNDS	776,218	96,409	-	872,627

continued...

19. MOVEMENT IN FUNDS - continued

Comparative net movement in funds included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	161,909	(205,426)	(43,517)
Designated	161,251	(174,133)	(12,882)
	323,160	(379,559)	(56,399)
Restricted funds			
Restricted	1,098,312	(945,504)	152,808
TOTAL FUNDS	1,421,472	(1,325,063)	96,409

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.26 £
Unrestricted funds	355,430	(116,968)	540,615	779,077
Restricted fund				
Restricted	420,788	237,045	(540,615)	117,218
TOTAL FUNDS	776,218	120,077	-	896,295

Net movement in funds included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds	643,360	(760,328)	(116,968)
Restricted fund			
Restricted	1,929,268	(1,692,223)	237,045
TOTAL FUNDS	2,572,628	(2,452,551)	120,077

continued...

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2026.